RAINBOW SKILL PROGRAM

Jump Start Gymnastics
& Kids' Activity Center
Gymnastics, Tumbling, Cheer, Dance & more!
309-692-JUMP
www.JumpStartFun.com

What is it? The Rainbow Skill Program is a complete developmental program for our non competitive school age girls & boys gymnastics and tumbling classes that allows for easier tracking of skill achievement and level advancement.

How does it work? When students join our program for the first time, they are evaluated during their first two classes. After the initial evaluation, students are placed in a skill level designated by a color of the rainbow (Red, Orange, Yellow, Green, Blue, and Violet) and given the same color wristband to wear during class (not all classes wear wristbands due to various reasons). Students must master a minimum number of skills at a level to advance to the next colored level. When a student advances to the next level, he/she receives a certificate of completion and the next color wristband to wear during class. (Wristbands are kept at the gym)

How often is a student evaluated? Students are evaluated weekly. When an instructor feels a student is ready, he/she will ask a student to perform a focus skill four times in a row. If student completes the skill with proper form and technique at least three of the times, the skill will be considered mastered. The instructor will indicate this on a skill card kept on file in our office.

What skills are required at each level? A complete list of the skills required for each program and level is posted on a bulletin board in our viewing area.

Benefits

- It's FUN!
- Students can see progress!
- Parents can see progress!
- Helps instructors teach more efficiently!
- Inspires and motivates students!
- Teaches goal setting!

Levels Red Orange Yellow Green Blue Violet
(beginner) (advanced)

Climbing the rainbow in search of GOLD!