

School Age Camps



Cheerleading Camp

July 19th-22 9-12

Girls 5-9 Years Old

Our high spirited staff promises to make this an exciting camp for any aspiring cheerleader!

Participants will learn basic arm positions and movements, rhythms, cheers and chants, pom-pom routines, jumps, tumbling and so much more! This four day camp will conclude with a performance on the final day! *(Pom-poms will be provided.)*

Camp Cost: (Before July 1st) \$100
(After July 1st) \$110

Girls Gymnastics Camps

July 26th-29th 9-12

Kindergarten to 8th Grade

A concentrated gymnastics camp for beginner through advanced gymnasts.

This four day camp will focus instruction on the four Olympic artistic women's gymnastics events: vault, uneven bars, balance beam and floor exercise.

Participants will be grouped according to ability and receive individualized instruction. The daily activities include a warm up and conditioning period, 30 minute classes on each event and supervised open work out time.

Camp Cost: (Before July 1st) \$100
(After July 1st) \$110



Preschool Gymnastics Camps

9:00-11:30am

3-5 Year Olds

(Must be Potty Trained)

Special Camps designed specifically for preschool aged children! Each week we offer a variety of activities that center around the week's theme.

Circus Week

June 21st-24th

Welcome to the big top! We will be doing face painting, playing circus games, and putting on our own circus!



Ocean Adventures

June 28th-July 1st

We're going to bring the outdoors indoors and build sand castles, go swimming and enjoy fun summer activities!

Dr. Seuss

July 5th-8th

Each day we will read one of the classic Dr. Seuss stories & do activities and crafts that bring the story to life.



Disney Week July 12th-15th

During this week, we will dress like Mickey Mouse, Princesses, Princes and much more! The week will conclude with our famous Prince & Princess Ball!

Each day children will enjoy planned gymnastics activities, craft projects, cooperative games, snacks and much more! The camps are sure to broaden your child's imagination and creativity as well as enhance their physical development.

Most of all, it will be fun!!

Cost Per Camp:

(Before June 1) \$80

(After June 1) \$90

