

New This Year!!

**BACK
HANDSPRING
CLINIC**

July 5th-7th

2nd grade and up

2-3:30 p.m.

\$45

Need to learn a back handspring for cheerleading? Want to learn how to “flip?” We’ve got your answer in this concentrated 3 day clinic. Clinic will be geared towards learning single and multiple back handsprings, and other advanced skills. We’ll be working drills, and different types of conditioning to insure correct form and safety.



**Jump Start
Gymnastics**


**SUMMER
CAMPS**


**Jump Start
Gymnastics**
 & Kids' Activity Center

**Preschool &
School Age
Camps**

309-692-JUMP

Preschool Camps & School Age Themed Camps

Preschool Camps

9:00-11:30am

3-5 Year Olds

(Must be Potty Trained)

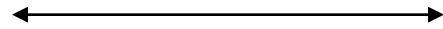
Special Camps designed specifically for preschool aged children! Each week we offer a variety of activities that center around the week's theme.

School Aged Themed Camps

9:00-11:30 a.m.

6-9 Years Old

Same themes as the preschool camps, but a designated school age area with age appropriate crafts, games and activities.



JUNGLE ADVENTURES

June 27th-30th

Monkeys, Lions & Kangaroos?

We're traveling around the world to jungles of South America, Africa and even Australia to explore the animals, bugs, and their environments.

Circus Week

July 11th-14th



Welcome to the big top! We will be doing face painting, playing circus games, and putting on our own circus!



UNDER THE SEA

July 18th-21st

We're going to bring the outdoors indoors and build sand castles, go swimming and enjoy fun summer activities!

DISNEY WEEK

July 25th-28th



During this week, we will dress like Mickey Mouse, Princesses, Princes and much more! The week will conclude with our famous Prince & Princess Ball!



Each day children will enjoy planned gymnastics activities, craft projects, cooperative games, snacks and much more! The camps are sure to broaden your child's imagination and creativity as well as enhance their physical development.

Most of all, it will be fun!!

Cost Per Camp:
(Before June 1) \$80
(After June 1) \$90

Register Online
Or At the Front Desk Today!

Girls Gymnastics Camps

June 20th-23th

9:00 a.m.-12 p.m.

Kindergarten to 8th Grade

A concentrated gymnastics camp for beginner through advanced gymnasts.

This four day camp will focus instruction on the four Olympic artistic women's gymnastics events: vault, uneven bars, balance beam and floor exercise. Participants will be grouped according to ability and receive individualized instruction. The daily activities include a warm up and conditioning period, 30 minute classes on each event and supervised open work out time.

Camp Cost: \$100 (After June 1st \$110)

Cheerleading Camp

August 1st-4th

9:00 a.m.-12:00 p.m.

Girls Kindergarten -9 Years Old

Go! Fight! Win!



Our high spirited staff promises to make this an exciting camp for any aspiring cheerleader! Participants will learn basic arm positions and movements, rhythms, cheers and chants, pom-pom routines, jumps, tumbling and so much more! This four day camp will conclude with a performance on the final day!

Pom-poms will be provided.

Camp Cost \$100 (After July 1st \$110)