



Jump Start Gymnastics

The Flipside

Keeps You Informed

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April 2008

A Note from the Director

Welcome to our final session of the school year! This session will be our shortest session of the season (10 weeks) and also our busiest. I encourage you to take a minute and read all handouts your child receives in class. They will contain important information about upcoming events and deadlines. The primary focus this session will be on preparing students to participate in the gym show. In

addition to regular themed lesson plans that will include Bicycle Week and Earth Week, our preschoolers will be learning a ribbon dance to perform at the closing ceremonies of our gym show. Our school age students will begin to put the skills they have learned into sequences that can be performed at the gym show as short routines. We hope you will plan on

attending our annual gym show, as it is a wonderful showcase of the talented young students we have here at Jump Start - not to mention it's FUN!

As always, if you have questions about our program and upcoming events please call or stop by our front desk. We truly appreciate your support of our programs.

Dawn Kocher

Super Saturday Pizza Nights!

This entertaining event is specially designed for our **school age students**. It's a one-of-a-kind party packed full of food, friends and fun! There will be dancing, karaoke singing, gladiator games, pizza and so much more! So round up a group of kids and send them to us and enjoy an evening to yourselves!

Upcoming Event:

Saturday, April 12th 5:30-8:30pm

The cost is only \$15.00 per person. Sign up now! Space is limited!

Must be at least in Kindergarten to participate.

REGISTRATION DEADLINE—April 7th

"The Road to Gold begins @ Jump Start"



You won't have to wait until August for the Olympics! We're offering you a preview of them right here at Jump Start during our annual Gym Show! This year's show will begin with an opening ceremony with a special performance by the Chinese Acrobats (Jump Start Staff) and the lighting of the Olympic Torch. It will

feature special performances by our gymnastics, tumbling, and cheerleading students. It will conclude with an awards ceremony where all participants receive a GOLD MEDAL and then a closing ceremony performed by our students. The show will take place May 30th (School Age) and May 31st (Preschool).

Final times will be determined once registrations are received. Detailed information will be handed out in classes the week of April 14th. If you would like to participate, deadline for registration is May 3rd. You won't want to miss this! Mark your calendars and plan to attend!

Jump Stars have a Terrific Season!

Our competitive Junior Olympic women's artistic gymnastics team just wrapped up the season by participating in the Level 4 & 7 State Championships on March 29th & 30th. Many individuals earned top placements, such as: Rachael Boyd, 2nd Place—Floor, Olivia Devanna, 5th Place—Bars, Kristina Dutart, 4th Place—Bars, Alex Gupta, 4th Place—Floor & 4th Place—All Around, and Emma Rohn, 3rd Place—Beam, 5th Place—Vault & 5th Place—All Around. Members of the Junior Division, Alex, Summer, Katrina, Kristina, Caleigh, Simone and Rachael, placed 5th as a Team. Jump Start would like to congratulate all of the team members on their hard work, commitment to gymnastics and an outstanding season!

Jump Start

Kid's Activity Center

8820 N Industrial Road

Peoria, IL 61615

309-692-5867

www.jumpstartfun.com



& Kid's Activity Center
Gymnastics, Tumbling, Cheerleading, Dance and more!

The Flipside Newsletter is published two times each session to keep you informed of the upcoming events, information and schedules at Jump Start Gymnastics. We encourage you to read it completely and keep it as a reference.

Upcoming Events

April 12

Super Saturday Pizza Party

April 21st-26th

CMN Tumble-A-Thon

May 3rd

Gym Show Registration Deadline

May 5th-10th

Mom's Appreciation Week/Camera Week

May 10th

Tumble-a-thon \$ Due

May 24th

Spring Session Ends

May 26th

Closed-Memorial Day!

May 30th-31st

Gym Show

Piano Lessons

Ms. Elizabeth Nedza/Heidinger will be offering piano lessons to students ages 5 and older at the Jump Start studios. She has studied piano, harpsichord, organ and music theory at the University of Arizona. With over six years of teaching experience, Ms Elizabeth is willing to teach any genre of music. "My goal as a teacher is to show that anyone is capable of learning to play and theory is simple and symmetrical. If a student doesn't grasp, it has nothing to do with his or her learning ability; it means the teacher needs to find a different way to explain it. ..everything can be learned."

Call today to schedule lessons with Ms. Elizabeth! 520-903-7274



Tumble-A-Thon to Benefit CMN

Jump Start Gymnastics is joining hundreds of other gymnastics facilities across the nation in a special event to raise money for Children's Miracle Network. This special event is the Tumble-A-Thon, where each child is asked to solicit donations or pledges for their participation in the event. Then during classes the week of April 21st, students will perform a specific skill for an amount of time and the total number of skills will be recorded (maximum 100). Students will then have until May 10th to collect their pledges or donations and turn them into Jump Start. Money must be turned in by May 10th to be eligible for prizes. All students who participate will be recognized at the Gym Show in May. Students who raise \$50 or more will receive a t-shirt. The top three fundraisers will receive prizes awarded by local representatives from the Children's Hospital of Illinois, a Children's Miracle Network beneficiary. In addition to prizes, the top fundraiser will appear on the 2008 Children's Miracle Network Telethon on Sunday June 1st, to present our check with last year's top fundraiser, Caleigh Ludolph. Our goal as a gym is to raise \$5,000! If every student just raised \$10.00 we could do it! Please help us reach our goal!



Tumble-a-thon Donations due May 10th to be eligible for prizes!

Simple Safety Tips

Please help us keep our students and spectators safe by following these simple rules:

- Please dress students in recommended attire, including long hair pulled away from the face.
- Do not allow children to climb on the bleachers or 1/2 wall.
- Do not allow children to run in the viewing area.
- Staff or Adults should be the only people opening the door to the gymnastics area...not young children.

No Bummer Summer Camps

We will once again be offering a series of Summer Camps at Jump Start. A detailed camp brochure is available at the front desk.

Preschool Summer Camps begin June 9th with our four day Jungle Safari camp. We'll visit jungles around the world with Diego and his friends and learn about the animals that live there. The next week will take us to the Circus where we will learn to walk the tightrope and swing on the trapeze. Rumor has it there will be a special visit from Oopsie Daisy the clown. The week of June 30th finds us gearing up for the Fourth of July with Lil' Firecracker week. We'll decorate our bikes and big wheels and have a Fourth of July parade!

During the week of July 7th, we'll take a break from our preschool camps and offer our exciting cheerleading camp and all day summer camp for school age students. The cheerleading camp will be packed full of cheers, chants, dance, poms



and much more. It will conclude with a performance on the final day.

Our day camp will have participants visit and experience cultures from around the world. Participants will experience the foods, sports, dances, etc specific to different countries. It will include a 1/2 day field trip.



The week of July 14th brings back our preschoolers for Beach Week. We bring the outdoors indoors and build sand castles, have a water balloon toss and play lots of water games. The next week is Disney Week where we will dress like Mickey Mouse, Pirates, Princesses, Princes and much more. The week will conclude with our famous Prince & Princess Ball! Our summer camp series ends with a traditional Olympic Week complete with an opening ceremony, torch lighting and sports galore!

Each camp promises to be a fun-filled experience for all participants! Register today at the front desk!



Summer Classes

In an effort to accommodate busy summer schedules, we are introducing our new summer flex schedule. Our summer program will consist of two - four week sessions - **June 9th - July 5th** (no classes July 4th) and **July 7th - August 2nd**.

Students in our Jungle Gym, School Age and Cheerleading programs will come twice a week for one or both of the sessions. Students in our Diaper Gym classes (under 3 yrs) will attend class once a week for one or both of the sessions. Parents will get to choose the class days and times that work best into their children's busy summer schedules. Detailed information and the Summer class schedule will be available April 14th.

