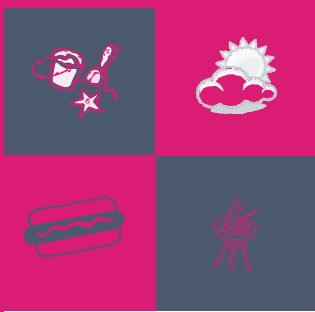


June 2008

# The Flipside

## Keeping You Informed



### Welcome to Summer at Jump Start!

#### A Note from the Director

We are so pleased you are joining us this summer. We are looking forward to lots of fun and learning. Summer is a great time to take classes at Jump Start. Class sizes are typically

smaller and it is a little less busy. We have lots of new students as well as many returning students. Please take a few minutes to read the information below. It will help make you and your child's experience here at Jump Start more enjoyable. Thank you for supporting our programs. We are looking forward to a great summer!

~Dawn Kocher



**Hip Hop Classes** Tuesday night is HIP HOP night at Jump Start. Come learn the latest dance moves from some of the best hip hop instructors in the area. Classes meet once a week and run through August 2<sup>nd</sup>. For more information pick up a flyer or call our office.

### Reminders!

If you are a new student and did not receive a student handbook when you registered, please stop by the front desk and pick one up. It contains lots of information regarding our programs and procedures. Safety is our number one concern! In order to keep your child safe, remember the following:

- Bring your child into the building for class and wait with them until the class begins. If you are going to leave the building during your child's class, please stop by the front desk and fill out our contact form.
- Plan to arrive five minutes before the start of your child's class. Take time to allow your child to use the restroom and get a drink prior to class beginning. We do not allow children to leave class once it has started except to use the restroom.
- Students should be dressed in appropriate attire. Girls should wear leotards, bare feet, no jewelry and hair pulled away from the face. Boys should wear shorts (no zippers,

buttons or belts), t-shirt, and bare feet.

- Parents and visitors are not allowed in the gym area unless participating in a Buddy class or asked to enter by a staff member.
- Parents and visitors are not allowed to videotape or take pictures during class times except during designated camera weeks.
- Please do not distract your child and other students by coaching or trying to correct behavioral concerns from the viewing area. Our staff is well versed at managing children with all types of learning and behavioral differences. Your assistance will be asked for if needed.
- Please monitor siblings and students in the viewing and toy area. Do not allow children to climb on the walls or bleachers.

Additional information regarding our procedures is available in our student handbook. Thank you!



The Flipside Newsletter is published two times each session to keep you informed of the upcoming events, information and schedules at Jump Start Gymnastics. We encourage you to read it completely and keep it as a reference.

#### Dates to Remember:

- June 9  
Summer Session I Classes Begin
- June 16-19  
Jungle Safari Preschool Camp
- June 23-26  
Circus Preschool Camp
- June 30-July 3  
Lil' Firecracker Preschool Camp
- June 30-July 3  
Girls Gymnastics Camp
- July 7  
Summer Session II Classes Begin
- July 7-10  
Cheer Camp
- July 7-10  
Summer Day Camp
- July 14-17  
Beach Fun Preschool Camp
- July 21-24  
Disney Fun Preschool Camp
- Aug 4-7  
Olympic Preschool Camp
- August 9  
Open House

**Piano Lessons @ Jump Start** Elizabeth Nedza-Heidinger, an accomplished pianist and instructor, is currently accepting students 5 yrs and up for ½ hour weekly lessons. Introductory cost per class is \$12.00. For more information, contact Elizabeth directly at 520-903-7274.

## Camera Weeks

Why can't I take pictures of my child during class whenever I want?

There are several reasons.

- 1) Sudden flashes from cameras can cause momentary blindness that can lead to an injury if a child is in the middle of a skill.
- 2) Cameras and flashes are distracting to our younger children and disrupt the flow of classes.

3) We are trying to protect your child. By limiting the times individuals are allowed to photograph children in classes we hope we are limiting potential strangers from taking pictures of our children.

Designated Camera Weeks are scheduled in our session plans. During these times, you may bring cameras and take as many pictures or video that you would like. Pictures

must be taken from the viewing area. Only those parents participating in a Buddy class will be allowed to bring cameras in the gymnastics area.

Mark your calendars!  
Upcoming Camera Weeks:  
June 23<sup>rd</sup>-June 28<sup>th</sup>  
July 21<sup>st</sup>-July 26<sup>th</sup>.

Thank you for your understanding.



## Preschool Theme Weeks

Ms PeaJay, our Preschool Program Director, has planned a summer of exciting learning. To keep the learning of movement and gymnastics skills fun, Ms PeaJay has incorporated some creative learning themes into the lesson plans.

Week 1 -	Be Safe in the Gym
Week 2 -	Flower and Bug Week
Week 3 -	Camera Week - "Say Cheese"
Week 4 -	Animal Week
Week 5 -	Head, Shoulders, Knees & Toes - Body Awareness
Week 6 -	Circus Week
Week 7 -	Review Week
Week 8 -	Olympic Week

Tell a friend! There's still time to join in the fun!

## Summer Camp Special

Sign up between now and July 1<sup>st</sup> for our exciting Summer Camps and receive **\$10.00 off** each week. Registration is limited! - Min 6/Max 20

### Upcoming Camps for 3-5 yr olds

June 23 <sup>rd</sup> -26 <sup>th</sup>	Circus Week
June 30 <sup>th</sup> -July 3 <sup>rd</sup>	Lil' Firecracker Week
July 14 <sup>th</sup> -17 <sup>th</sup>	Beach Week
July 21 <sup>st</sup> -24 <sup>th</sup>	Disney Fun Week
August 4 <sup>th</sup> -8 <sup>th</sup>	Olympic Week

**Girls Gymnastics Camp** June 30<sup>th</sup>-July 3<sup>rd</sup>

**Cheerleading Camp** July 7<sup>th</sup>-10<sup>th</sup>

**Summer All Day Camp** July 7<sup>th</sup>-10<sup>th</sup>

For more information, stop by our office and pick up a camp brochure!

## RAH! RAH! GOOOOO TEAM!

Join Miss Jalynn for a yelling good time! Join a Cheer Chimp class today! Cheer Chimp classes are recreational cheerleading/tumbling classes for 4-7 yr olds. Students spend 40 minutes learning basic arm positions, motions, cheerleading terms, chants, cheers, and pom pom routines and 20 minutes learning basic tumbling skills and jumps.

There's still time to sign up!

Cheer Tots (4-PreK)	Thur 3:15-4:15pm
Kinder Cheer (K & 1 <sup>st</sup> )	Wed 4:45-5:45pm

## Rainbow Skill Program

What is my child learning in his/her school age class? The Rainbow Skill Program is a complete developmental program for our non competitive school age girls & boys gymnastics and tumbling students that allows for easier tracking of skill achievement and level advancement. This program was developed using the USA Gymnastics Junior Olympic skill requirements and is used by our staff to individualize lessons for our students. Each child's progress is tracked on a skill card. As a student masters a skill it is noted. When a student masters the required number of skills at a level, he/she receives a certificate of accomplishment and advances to the next level. For more information about our Rainbow Skill Curriculum, pick up a flyer at the front desk or view the skill cards posted on the bulletin board in the gymnastics area.

**Open House August 9<sup>th</sup> 1:00-4:00pm** Food, demonstrations, inflatables, obstacle courses, raffle prizes, registration, and much more FUN!  
Make plans to join us!



**Birthday Parties** - Looking for a hassle and mess free place to host your child's next birthday party?

Consider having a Jungle Party at Jump Start. Children will enjoy 1 hour guided play time in the gymnastics area led by enthusiastic staff members. Following the play time, guests will retreat to the Birthday Party room where our staff will have your table waiting. For an additional half our, our staff will prepare the cake for serving, lead guests in singing "Happy Birthday", and serve your guests. When everyone is done enjoying cake, it's present time while our staff cleans up the mess.

**Field Trips** - Part of kids group or organization looking for something fun to do this summer? How about planning an outing to Jump Start Gymnastics? For just \$5.00 per person, your group members can enjoy 1 hour of guided play time in our gymnastics area. Examples of groups that have planned trips to Jump Start: Girl Scouts, Boys Scouts, Day Cares, Grade Schools, Church Groups (Family nights), Playgroups, Family reunions, etc. For more information on birthday parties and field trips, contact our office.