



July 2009

Jump Start Gymnastics & Kids' Activity Center

Volume 4, Issue 8

## Important Dates

Week of July 27—  
Fall Schedule  
Available

Week of August 3—  
Registration for Fall  
Session Begins

August 8—Kids Day  
at Shoppes at Grand  
Prairie 10am-2pm

August 15—Last Day  
of Summer Session

August 15—Open  
House 9-1pm

Week of August 24—  
Fall Classes Begin

September 12—  
National Gymnastics  
Day/Back to School  
Event



## COMING UP...

### SUMMER SESSION

While none of us like to admit it, summer is quickly coming to an end. We're wrapping up our camps and classes and readily preparing for our fall session here at Jump Start.

The last week of the session (Aug 10-15) will be a **camera week**. During this week of classes you are welcome to snap photos of your child in the gym. Please do not enter the gym and please refrain from using the flash as it can distract the children.

The summer session classes will end on **August 15th**.

The week of **August 17th** there will be no classes.

### FALL SESSION

Fall session will begin on August 24th and run for 13 weeks.

The fall schedule will be out the last week of July and registration for the session will begin on August 3rd. If you have any questions about where to place your preschooler, please talk with their instructor. School age children are placed according to the grade the child is entering. Please note that most classes are offered at least once a day. Certain classes fill up quickly, so make sure you register in a timely matter to ensure a space in your preferred class.

### CHANGES

This Fall we will be dividing our school age classes by

both age and level. Previously we only used age to determine class placement. Each student that has been in our program has been assigned a level by his or her teacher according to our Rainbow Skill Program (see article on page 2). In most cases, those working on Red and Orange level skills will be placed together according to age, while those working on Yellow level skills and above will be placed in new accelerated track classes. Our school age program is growing quickly. By dividing students by level, we can assure that each student is able to receive focused attention to master the skills they need to advance to the next level.

## MS. ERICA

This spring, Ms. Erica joined our staff part time helping cover some of our classes. At the beginning of the summer, she decided to come on board full time and take over the School Age Director position.

Ms. Erica has been a gymnastics instructor for all levels from toddlers to team for the last thirteen years. She has taught in Peoria, Des Moines, IA and Monterey, CA. Ms. Erica recently returned from China, where she spent the last three years working as an event manager for events such as the Special Olympics, Paralympics and the 2008 Beijing Olympic Games.

As the new School Age Director, Ms. Erica is in charge of the girls gymnastics, boys gymnastics, tumbling and cheerleading programs. If you have any questions or concerns, you can email her at EricaS@JumpStartFun.com.

## PLAYDATES

Jump Start is proud to boast two new programs for preschool age children. **Jungle Jamboree** is an open play time for children who are 3 years old and younger. **Preschool Play Date** is an open play time for children 3-5 yrs. The gym floor is filled with balls, tunnels, building blocks, legos, mats, and so much more for youngsters to explore. Our staff will be on hand to supervise this unstructured play time. Come enjoy some indoor play with your tot and some adult conversation with other mommies and caregivers! Everyone is welcome! You do not need to be enrolled in classes at Jump Start to participate. Cost for both programs is only \$5.00 per visit.

### Upcoming:

#### Jungle Jamboree

August 3rd 11:15-12:15pm

#### Preschool Play Date

August 4th 12:30-1:30pm



www.JumpStartFun.com

Check out our website! You can see full class schedules, teacher pictures and bios, upcoming events and even read the newsletter online!

## BRING YOUR FRIENDS!

### KIDS' DAY

On Saturday, August 8th Jump Start Gymnastics will be a part of Kids' Day at the Shoppes at Grand Prairie. Stop by and check out our booth and the demonstration done by our team and team development members! The event runs from 10am to 2pm.

### OPEN HOUSE

To introduce our programs to new students, we are offering an Open House on August 15th. This event will feature refreshments, give-a-ways,

and information on all our classes and programs. Attendees will be able to meet our instructors and check out the additional programs, such as hip hop, ballet, ballroom, piano and more! Visitors will be able to watch classes in session. The Open House will run 9:00-1:00pm on Saturday, August 15th.

### NATIONAL GYMNASTICS DAY/BACK TO SCHOOL EVENT

Come celebrate National Gymnastics Day with our free

Back to School event! On Saturday, September 12th, we will offer an active afternoon of fun and gymnastics. Bring a friend and try your hand at the Tyson Fitness Challenge.

### Double A's Pizza Cards

The Jump Stars Gymnastics Team is selling BOGO (Buy One, Get One) cards for Double A's Pizza. The card is just \$10 and gives the holder a free large pizza when they buy a large pizza at the regular price. Cards can be used 5 times. You can purchase a card from a team member or the front desk! All sales help the Jump Stars purchase new uniforms!

## THEATER WORKSHOPS

New this summer at Jump Start, Eddie Urish is offering Summer Theatre Workshops. During the weeks of July 27th and August 3rd, children in K-9th grade will be able to engage in performance activities. The workshops are divided by ages, Mini Muse 101 is for K-4th grade and Muse Acting 205 is 5th-9th grade.

Students in the Mini

Muse 101 will participate in skill building exercises, acting and performance activities specifically designed for their skill level. In Muse Acting 205, participants will have an individually developed program based on skill level, age and experience. There will be character study and scene development as well as auditioning skills.



Each week is completely different and students are welcome to sign up for both weeks.

For more information or to register, please contact Mr. Eddie Urish at 253-7529 or by email at [eurish@live.com](mailto:eurish@live.com). You can also find out more at [www.EddieUrish.com](http://www.EddieUrish.com).

## OPEN GYM

Open Gym is 1.5 hours of unstructured time where children can play and master their skills in a safe, fun and friendly environment. Jump Start staff members will be on hand to supervise and assist the students who get to

choose which equipment and skills they want to

practice. Open Gym begins with a short and fun warm up and ends with fun games and activities until parents arrive. All children K-8th grade are welcome at Open Gym. You do not have to be a student at Jump Start to join in, so feel free to bring friends! No advance registration is required. All participating children must be signed in at

the front desk by an adult before entering the gym. For more information, please ask at the front desk or call 692-JUMP.

### Upcoming:

August 6th

2:00-3:30pm

Cost \$8

## RAINBOW SKILL PROGRAM



What is my child learning in his/her school age class? The Rainbow Skill Program is a complete developmental program for our non competitive school age girls & boys gymnastics and tumbling students that allows for easier tracking of skill achievement and level advancement. This program was developed using the USA Gymnastics Junior Olympic skill requirements and is used by our staff to individualize lessons for our students. Each child's progress is tracked on a skill card. As a student masters a skill it is noted. When a student masters the required number of skills at a level, he/she receives a certificate of accomplishment and advances to the next level. For more information about our Rainbow Skill Curriculum, pick up a flyer at the front desk or view the skill cards posted on the bulletin board in the gymnastics area.

## PROGRESS REPORTS

At the end of each session, our instructors fill out progress reports for each of their students. These are handed out the last two weeks of class and inform parents and students of what they have been working on. Preschool progress reports let parents know the skills and concepts that were introduced during the session. School age progress reports include a copy of the student's current skill card. The card has a set of skills for each event as well as flexibility and strength requirements. A skill is considered mastered when the child can perform the skill three out of four times with relatively good form and technique. If you have questions or concerns about your child's progress, please feel free to contact your child's instructor.

