



The Flipside

Keeps you informed!

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Welcome Winter Students!

We would like to take this time to welcome back all returning students for the winter classes. We are excited you are continuing in our program and we are looking forward to your continued success. In addition to our returning students, we would like to welcome all of the new students to our program. While we encourage year round participation in our program to ensure the highest level of gymnastics learning, we understand that schedules and circumstances do not always allow for this. As it goes with the start of a new billing cycle, class rosters may change. Please be assured that our staff are prepared and will continue to work hard to meet the learning needs of all their students in a safe and FUN learning environment. To keep everyone safe and having fun, please note these safety reminders:

1) **Students must dress appropriately for class.** Leotards (without skirts) are required for all female students expect Diaper Gym participants. Older students may wear shorts with an elastic waistband over the leotard if they desire. Male students must wear shorts or sweatpants with elastic

or tie waist and a tucked in t-shirt. No zippers, button, snaps or belts. All students should have bare feet to avoid slipping on mats and equipment. All long hair should be secured away from the face. Do not wear headbands or bulky baretts, beads or other hair accessories that might cause discomfort when rolling.

- 2) **No gum, food or dangling jewelry is allowed in the gym.**
- 3) **Please arrive on time for class.** It is important for your child's safety that they are present when students are escorted by class into the gym area and participate in the warm up period.
- 4) Encourage your child to use the restroom and get a drink before the start of class. **Students will not be allowed to get a drink during class times.**
- 5) **Supervise your own children in the common areas.** Remember! The toy area is for children under 5 yrs.
- 6) **Let us know if you are not going to be on the premises during**

your child's class. While you are not required to stay on site during your child's class, it is recommended for children 5yrs and younger. If you need to leave, please sign the form at the front desk.

- 7) **DO NOT allow children to sit or stand on the 1/2 wall.**
- 8) **DO NOT allow children to climb on or stand on the top of the bleachers.**
- 9) **NO CAMERAS are allowed except on designated weeks.** To protect our students, no one is allowed to take pictures or video of the children except on designated camera weeks.

For a full list of safety rules & guidelines, please stop by the front desk. Thank you for your cooperation. We are looking forward to an exciting Winter of FUN!

We wish all of our Jump Start families and friends a very blessed and joyous holiday season!

Holiday Schedule!

NO CLASSES- December 21st thru January 1st

REGULAR CLASSES resume January 2nd

General Make Up Day (Advanced registration required) - December 21st

CLOSED- December 24th, 25th, 26th, 31st, & January 1st

Holiday Camps- December 28th, 29th & 30th

** Kim's Academy, Levi's Dance Co, and Ms Elizabeth's students check with their program staff for their program holiday schedules!

Santa is Coming!

Join us Sunday, December 13th from 1:00-4:00pm for our Annual Lunch with Santa! He's packed lots of goodies on his sleigh and he is coming to Jump Start just to visit our students and their friends. There is still time to register! Activities will include food, crafts, pictures, gymnastics activities, games and so much more. This event is for all ages! You won't want to miss it! For more information, stop by the front desk or pick up a flyer at the information center.



Special Events for Everyone!

Parents! Do you need some extra time without dealing with the kids to get ready for the holidays? Do you need a break from the holiday rush to just play with your kids? Kids! Looking for something cool to do over holiday break? We have some great upcoming events to help you through the holidays. Join us for one or more event. See below for details.

For Children 3yr and younger:

Jungle Jam: supervised play time for parents and toddlers. December 11th 11:15am-12:15pm & 29th 10:00-11:00am. Cost: \$5.00

For Children 3yrs -5yrs

Mommy Moments: Drop off your young one for some supervised and structured activity time while you take a moment for yourself. Activities include games, art, books, gym time, snack and so much more! December 14th 9-11:30am Cost: \$15.00

For Children 3-10 years

Holiday Camp—1/2 day or full day : Special holiday/winter daily themes set the tone for fun filled days. You can choose 1/2 day or full day. You can choose to come one or all three days.

See the front desk for a flyer containing detailed information. December 28th-30th. 9am-12pm and/ or 1-4pm. Full day campers will bring their own sack lunch and enjoy lunch and free time from 12-1pm. * Campers will be divided into age groups for age appropriate activities.

For Children K and older

Supervised Open Gym: Supervised time in the gymnastics area that includes a warm up, game time and lots of time to work on your favorite gymnastics skills and equipment! December 18th 2:00-3:30pm Cost: \$8.00

Inside this issue:

St. Jude Benefit Meet

Upcoming Special Events

Adopt-A-School

Winter Weather Procedures

Make Up Policy

New Computer System

Family Fest





Winter Weather Procedures

Jump Start makes every effort to let you know as early as possible when we have to cancel classes due to weather. This year, Jump Start will be using the newly implemented NBC 25/HOI-19 Closing System to notify parents and students of our status during inclement weather conditions. In the event of bad weather, tune to NBC 25 or HOI 19 for a status update or log onto their website at www.centraillinoisnewscenter.com. As a back up, you can call our office to receive a recorded updated message. In the event classes must be cancelled, every effort will be made to schedule a make up class time. However, this is not always possible but students will be able to schedule a make up according to our make up policy. (See below)



We Have Adopted!

Jump Start is proud to announce that we have joined hundreds of other local businesses in the Adopt-A-School program. Jump Start has adopted not one, but two District 150 schools, Jameson and the Developmental Center. After visiting these incredible students there was no doubt in our minds that a partnership would be mutually beneficial. Before Thanksgiving, students from both schools came to Jump Start to visit our facility and see all it has to offer them. After an hour of fun and exercise, they are eager to come back again soon. Students from both schools will be contributing to our seasonal and special events by lending their talents to create decorations and other items for all of us to enjoy. We are looking forward to a long and rewarding program with the District 150 Adopt-A-School program.

Make Up Class Policy & Procedures

Students are encouraged to attend their regularly scheduled class time. We understand that illnesses and conflicts come up that prevent this from happening. Unfortunately, we cannot guarantee make up classes for missed classes. Make ups are allowed in an open class and MUST be scheduled in advance. Students are not allowed to attend a make up class unless our office has confirmed availability. Parents should not assume that if you make up one week at another class time that the same class time will be an option for a make up time another week. Please adhere to the following procedures when scheduling a make up. 1) If you know your child will be unable to attend his/her regular class, please

call the office to notify us of the absence. 2) When your child is feeling better or you are ready to schedule a make up class, call the office. Our office staff will check for available class times. Please remember, there are often few choices for make up times available. 3) Please try to schedule no more than 2 make ups per billing cycle. If your current class time is difficult to attend, consider changing your class time to a more convenient class time. Finally, several times throughout the year, general make up days are available. On these days, anyone who has missed a class during the billing cycle may attend. Advance registration is required. The next general make up day is Monday, December 21st.

St. Jude Benefit Meet

You are invited to attend the 19th Annual St. Jude Benefit Meet, a cooperative fundraising effort among local gymnastics clubs. This annual event will be held January 16th & 17th, 2010 at the Peoria Civic Center. Top athletes in women's artistic gymnastics, tumbling, trampoline and double mini will compete not only for individual and team awards, but to support the children of St. Jude Children's Research Hospital. Competitions begin at 8:30am and run until 6:00pm both days. This event is open to the public and tickets are available at the door on the days of the event. For more information on this event, go to www.stjudemeet.org.



****The St. Jude Meet is also a great chance to come out and support our own competition team. Come out and cheer on the Jump Stars!**

What's New at Jump Start??

Thank you to our Office Manager, Rachel and our Business Manager, Paula for working so hard the past few weeks to get our student files transferred over to our new computer database. The time came for us to consider investing in a new computer system for managing our student database. We are excited to now be using Jackrabbit Software, a web based system designed specifically for the management of children's activity centers. This new system will provide us with many new tools to communicate more effectively with our students and parents, track our student's progress and levels, track

student's absences, trials and make ups, keep more accurate billing information and host of other things. While we are transitioning to this new system, there will be a period of adjustment as we become more familiar with all the system capabilities. You may be asked to provide us with information we may or may not have in our current system. We want to thank you in advance for your patience and cooperation during this time. We are looking forward to the increased efficiency and ability to serve you this system will afford us.

Survey Results

We would like to thank everyone who took the time to fill out the recent survey. The winner of the \$25.00 in Tuition was Hannah Templin. Congratulations! We truly appreciate all of your kind comments and value your criticisms, suggestions, and concerns. It only when we are aware of issues that we can try and solve them. The number one concern of yours and ours as well, is the condition of the parking lot. We are currently working with the landlord to try and come to an agreeable solution. It is an issue that is on the top of our priority list. We will continue to address your concerns and welcome your input at any time. After all, you hired us to do a job and we are committed to offering the best possible experience for everyone involved. If we can do anything to improve your experience, please let us know!



Join Us at Family Fest

Jump Start a proud Sponsor of "Toddler Town", a new attraction at the Peoria Family Fest, January 23rd at the Peoria Civic Center. This one day family event is full of fun activities for the whole family. We hope to see you there!

***There will be no classes Saturday, January 23rd so that our entire staff can participate. Classes on January 2nd were added to the original schedule to accommodate this change. If you have questions, please see the front desk!**



Good luck to the cast and crew of "The Best Christmas Pageant Ever"! It was a pleasure having you in our facility over the past several weeks. The show runs December 16th-20th. Ticket information is available at www.peoriaplayers.org. A great holiday show for the entire family!