

Jump Stars News



SEPTEMBER 2014

DATES TO

REMEMBER:

September 22nd—

Leotards ordered

September 26th—

All documents from
Parents Meeting Due

September 28th—

Team Potluck

Team Potluck

To start off our new competitive season we will be having a team potluck at Charter Oak park on **Sunday, September 28th. The potluck will be from 2:00pm—5:00pm.** Let me know if you plan on bringing a dish to share!

If you do bring a dish to share, we ask that you keep in mind that there are gymnasts on the team with nut allergies. Also, please let me know if your son or daughter has another food allergy that we need to be conscious of.

Documents from Parents Meetings

As a reminder, documents handed out during the parents meeting are **due by Friday, September 26th.**

These documents include, USAG membership form, Team Agreement, and meet schedule. New athletes and those who have not yet had their memberships renewed will be charged for the membership with Octobers tuition payment.

Competition Apparel Updates and Reminders

Leotards for our female team gymnasts are being ordered during the week of September 22nd. We will be charging the cards we have on file for the cost of the leotard during this week also. The price for the compulsory (Level 3-5) and Xcel leotard is \$155. The cost of the Optional (Level 7-9) leotard is \$175. If you do not wish to have your card charged please speak with Ashley at the front desk for alternative payment options ASAP.

We have also received the sizing warm up sets for our female gymnasts. Please make sure to stop by the office after your daughters practice to try on the different sizes. *Sizing needs to be done with a team coach, not the front office staff. Coaches will be available after practice only to help with sizing.*

Boys Team Parents— We do not have sizing sets for the boys apparel but we can provide you with a measurement/sizing chart. Please let Laurel or Aaron know if you will be needing to purchase new competition ware.

The boys will also be getting warm-ups this year. We will let you know when their sizing sets arrive!!

State Meet Locations

Locations for State Meets have been announce. Keep in mind that we are told the location of the gym hosting the event. On occasion the host gym will choose to host their meet in a neighboring city and not the city their gym is located in.

Level 3: March 13th—15th **Bloomington, IL**

Level 4: March 20th—22nd **Grayslake, IL**

Level 5: April 10th—12th **St. Charles, IL**

Level 6/7: May 1st—3rd **Bourbonias, IL**

Level 8/9: March 27th—29th **DeKalb, IL**

Xcel: April 10th—12th **St. Charles, IL**

Changes around the gym

Some of you may have noticed, or your child may have mentioned, that I have been less hands on lately and sitting during many of their events. Due to some recent complications, I have been advised by my doctor to try and stay off my feet as much as possible. I have also been restricted from type of lifting/spotting.

To accommodate these new restrictions, your daughter may have other coaches helping out with their group to provide spotting assistance. The entire team coaching staff sat down with Dawn and I the other night to come up with the best possible plan to ensure every gymnast will be getting the coaching they need to be prepared for the upcoming meet season. For now, my plan is to stay in the gym as much as possible even if I am just acting as a second set of eyes.

If for some reason, I need to be out of the gym for an extended period of time we have also created a coaching schedule that ensures each level will be coached by an appropriate staff member. Optional practices would be covered by Aaron, Martie, or Erica. Level 5 practices by Aaron, Martie, Jenny, or Erica and Levels 3/4 and Xcel would be covered by Jenny, Erica, or Liz. Miss Suzette would also be helping with tumbling and conditioning type activities. I am hoping we will not have to use this schedule until I am officially on maternity leave at the end of December but at least want to ensure parents that there is a plan in place.

Thank you for understanding the need for these changes to take place.

- Coach Laurel